



MAC TRIO

Upward Bound

December Newsletter 2025



Upcoming Events:

December 6th:

Saturday Program

December 13th:

December ACT Test

December 15th -

January 9th:

No Weekly Meetings

January 19th:

No Weekly Meeting

January 24th:

Saturday Program

February 14th:

February ACT Test

February 16th:

No Weekly Meeting

February 21st:

Saturday Program

March 7th:

Saturday Program

March 9th - 13th:

No Weekly Meetings

April 11th:

Saturday Program

Classes You Should Be Taking in High School

If you're in high school and thinking about college, you should know that the courses you take matter. That's because college admissions officers want to see a solid foundation of learning you can build on in college. To create that foundation, take at least five solid academic classes every semester. Start with the basics, and then move on to challenging yourself in advanced courses. The courses listed below should prepare you for success in college and beyond.

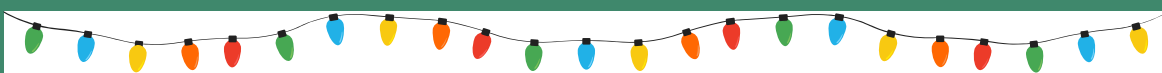
English - take English every year to improve your writing skills, reading comprehension, and vocabulary.

Math - algebra and geometry helps you succeed on admission tests (ACT) and in college math classes. Take them early so you'll have time for advanced science and math, which shows colleges you're ready for higher-level work. Most colleges want students with three years of high school math. The more competitive colleges prefer four years.

Science - science teaches you how to think analytically and apply theories to reality. Colleges want to see that you've taken at least three years of laboratory science classes. A good combination includes: biology, chemistry or physics, earth or physical science.

Foreign Language - studying a foreign language shows you're willing to stretch beyond the basics. Many colleges require at least two years of study.

<https://bigfuture.collegeboard.org/plan-for-college/stand-out-in-high-school/high-school-classes-colleges-look-for>



Student News

Savannah Wells will be inducted into the National Honor Society.

Camden McIlwain is going to state for cross country.

Faith Russell was awarded the Kirby Kickstart Scholarship.

Kelsey Woods and Will Moore made the scholar bowl team.

Will Moore is in the play, "The Odd Couple".

Sirra Simpkins won an essay contest at her school.

William Woods was accepted to MAC.

Kendal Blumenstock, Keira Mynatt, Karie Mynatt, Jax Woods, and

William Woods made the archery team.

Mackenzie Wells passed her hunter safety course.

Emily Deak and Donalie Strand got 4th place in a math competition at STLCC.

HAPPY BIRTHDAY

Layne Courtois

Emily Deak

Alex Harbison

Cailee Horton

Ivy Kakar

Colt Kasten

Keishah Sisk



**Beth took a few
UB 1 students to
tour SIUC and
Blackburn College
this month.**



A Federally Funded Program

The Mineral Area College TRiO Upward Bound 1 program is funded with a five-year, \$374,221 per year grant from the U.S. Department of Education. This represents 100% of the program cost. Mineral Area College provides 25% of indirect costs to support the program.

The Mineral Area College Upward Bound 2 program is a TRiO program funded with a five-year, \$324,979 per year grant from the U.S. Department of Education. This represents 100% of the program cost. Mineral Area College provides a portion of indirect costs to support the program.

Upward Bound is one of five programs established by Congress to help low-income, first-generation students enter college and graduate. These programs are referred to as the TRiO programs.

For more information on Upward Bound 1 or 2 or for information on how to apply, contact the Upward Bound office located at Mineral Area College, at (573) 518-2156. Office hours are 8 a.m. to 4 p.m., Monday through Friday

Mineral Area College does not discriminate based on race, color, national origin, gender, disability, age, religion, creed, or marital or parental status. For more information, call Title VI, Title IX, Section 504, or U.S. Department of Education, Office of Civil Rights.

If you have special needs as addressed by the Americans with Disabilities Act and need this publication in an alternative format, notify us at (573) 431-4593. Reasonable efforts will be made to accommodate your special needs.

Mission

The mission of Upward Bound at Mineral Area College is to serve eligible high school students by providing academic enrichment, cultural experiences, and a support network to ensure their success in attaining a four year college degree.

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