



MAC TRIO

Upward Bound

March Newsletter 2025



Upcoming Events:

March 14

Summer T-Shirt Design Contest Forms are Due.

April 1

FAFSA Priority Deadline.

April 5

Saturday Program

ACT Test Day

April 10

CTE Signing Day at MAC

4:30 - 7:30 pm

April 25

Senior Trip Permission Forms are Due.

May 5 - 8

Last week of meetings.

May 8

TRIO Pinning Ceremony

(Seniors)

Dinner 5:00 pm

Ceremony 6:00 - 7:30 pm

May 17

Summer Program Open House

9:00 am - 3:00 pm

May 27 - 29

Senior Trip

June 2 - July 11

Summer Program

(Trip - July 8 - 11)



Success: Luck or Hard Work?

What determines success? Is it luck or hard work? Working hard for your future is the key to success. Working hard means thinking about the big picture and putting the important things first. Focused and consistent work takes time. It's not quick. It's not easy. And it doesn't come without failures. If you want to work on your future success, these are the reasons hard work should come first!

- 1. No pain, No gain.** Success is not free, nor easy. While working hard to achieve your goals, you learn to respect the value of hard work and develop good qualities at the same time.
- 2. Hard work helps you develop discipline.** Sweat and sacrifices help you prepare for success. You learn how to manage your time, money, and others. You become more confident and determined.
- 3. Hard work teaches you values.** You learn not to give up. You learn to appreciate all you have and still aim higher. You learn to be patient and take action instead of waiting for things to happen. You learn to stop blaming and take responsibility for anything you have or don't have in your life. Hard work gives you a purpose. You overcome laziness, procrastination, doubts, fear of failure, insecurities, and bad habits.
- 4. You make your own luck.** Average people spend a lot of time waiting for things to happen. They make excuses in order to delay action. People with goals constantly do something and try new things to move forward and create new opportunities.
- 5. Hard work gives you results.** The best measure for anything is progress. Action itself leads to more action and builds momentum. Working on your goal is the motivation you need to keep moving forward and say "no" to distractions from daily life. Seeing results makes you feel accomplished, grateful, and truly satisfied with what you're doing. Continue to work hard to accomplish your goals. Don't lose sight of what you want to accomplish.



Student News

- Jessica Temple, Annabelle Schoppe, Tyler Vandergriff, Addison Akers, Kattie Chilton, and Leah Boyer are going to State competition with FBLA..
- Makayla Rose-Kupferschmid was accepted to SLU.
- Annabell Schoppe was accepted to College of the Ozarks..
- Kyree Street got third place in DECA competition in entrepreneurship.
- Bailey Juliette, Kattie Chilton, and Sarah Benson were accepted to Missouri State.

HAPPY BIRTHDAY



Taylor Dalton

Devin Godat

Isabella Hemphill

Kimberlee Jackson

Jaidyn Reed

Haley Tucker

MAC
TRIO
Upward Bound

February Saturday Program

Nursing Homes, MAC Tech, Sundae Bar, Black Light Bingo



A Federally Funded Program

The Mineral Area College TRiO Upward Bound 1 program is funded with a five-year, \$374,221 per year grant from the U.S. Department of Education. This represents 100% of the program cost. Mineral Area College provides 25% of indirect costs to support the program.

The Mineral Area College Upward Bound 2 program is a TRiO program funded with a five-year, \$324,979 per year grant from the U.S. Department of Education. This represents 100% of the program cost. Mineral Area College provides a portion of indirect costs to support the program.

Upward Bound is one of five programs established by Congress to help low-income, first-generation students enter college and graduate. These programs are referred to as the TRiO programs.

For more information on Upward Bound 1 or 2 or for information on how to apply, contact the Upward Bound office located at Mineral Area College, at (573) 518-2156. Office hours are 8 a.m. to 4 p.m., Monday through Friday

Mineral Area College does not discriminate based on race, color, national origin, gender, disability, age, religion, creed, or marital or parental status. For more information, call Title VI, Title IX, Section 504, or U.S. Department of Education, Office of Civil Rights.

If you have special needs as addressed by the Americans with Disabilities Act and need this publication in an alternative format, notify us at (573) 431-4593. Reasonable efforts will be made to accommodate your special needs.

Mission

The mission of Upward Bound at Mineral Area College is to serve eligible high school students by providing academic enrichment, cultural experiences, and a support network to ensure their success in attaining a four year college degree.

Upward Bound Staff

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