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Mineral Area College

ECE1040AAW1
Health, Safety, and Nutrition

Fall 2011

Instructor: Patricia Fields
Department Chair: Patricia Fields

Career and Technical Dean: Gill Kennon

COURSE TITLE: Health, Safety, and Nutrition

COURSE NUMBER: ECE 1040

INSTRUCTOR: Mrs. Patricia Fields

INSTRUCTOR INFORMATION:

Office Hours: Tuesday and Thursday 10am to 12pm or available on request

Phone: (573) 518-2128

Email: pfields@mineralarea.edu

Office location: Arts and Science Building- Office #26

I. Course Description:

The course will focus on the importance of early childhood health, safety and nutrition and its effects on young children. The student will explore and identify tools used to provide a safe, healthy, and nutritional environment for the developing child. Case studies will be used to explore the important issues of concern in providing such an environment. The state food service program will be used in the planning, budgeting, and preparation of foods to insure a well-balanced, nutritional diet. Program policies on health related issues will be explored to provide parent awareness concerning safety, health, and nutrition. A student portfolio that meets the requirements of the CDA (Child Development Associate) will be developed during the course to assist the early child care provider/teacher in meeting the criteria of a DAP environment to meet accreditation and required state licensing program goals and objectives.

Mineral Area College is committed to excellence in the teacher education and child development programs, and it has implemented criminal background checks for all students enrolled in education or child development classes that require any field work or practicum observation experiences with children. Students must complete the application process of the background check within the first two weeks of the semester. The process is required prior to conducting field work or practicum/observations. Failure to have the criminal background check completed can result in the student's ability to participate in the Mineral Area College's EDU or ECE classes.

Note: If the student has completed the background check within the past two years, it does not have to be repeated. Please email instructor if this applies to you.

Note: The student is required to complete five to eight hours of observation during the semester at a pre-approved early care and education site.

TO COMPLETE REQUIRED observations, it is imperative that the student always respect the daily schedule of the child care setting and planned activities taking place in the child care setting/classroom. It is up to the student to make arrangements with the lead classroom teacher to complete observations, etc. in order to complete assignments in a timely manner.

The student will begin a collection of their work (known as artifacts) completed throughout the child development studies leading up to the CDA (Child Development Associate credential) and/or the Associate of Applied Science in Child Development. The artifacts will be assigned throughout the semester as a part of the scheduled assignments. The student will be required to take a three hour course prior to applying for the CDA final assessment by the Council for Professional Recognition. If graduating with the Associate of Applied Science in Child Development, the student will be required to take a one hour course, "Portfolio Artifacts". The student will need to save all artifacts collected throughout their child development studies for the CDA and/or the AAS in Child Development.

Text: Safety, Nutrition, and Health in Early Education– 4th edition, Sorte Health, Safety, and Nutrition Activities A to Z, McLarty.

Additional Materials Used

Creative Curriculum for Preschool, 4th Edition, Dodge.

Materials needed

NAEYC Standards Notebook: 1" Binder Notebook; 25 Notebook Protector Sheets

Developmentally Appropriate Practice Activity Materials for final

IV. Course Objectives

- 1. The student will identify the interconnection of safety, health, and nutrition**
- 2. The student will identify ways to teach wellness concepts.**
- 3. The student will examine the foundations of optimal nutrition.**
- 4. The student will identify state health requirements regarding infants, toddlers, preschool and school age nutritional needs.**

5. The student will plan and write daily and weekly menus for infants, toddlers, and preschool age children's nutritional needs.
6. The student will identify safe handling of foods.
7. The student will explore and identify the spread and treatment of communicable diseases through creating a climate of health and wellness.
8. The student will explore differences in acute, communicable, and common childhood illnesses.
9. The student will identify methods to manage accidents, injuries and diseases in the child's environment.
10. The student will gain knowledge in creating safe, healthy, quality environments.
11. The student will identify state resources for quality food service programs.
12. The student will identify the provider's responsibility in reporting and recognizing suspected child abuse and neglect.
13. The student will identify methods of providing positive educational health learning experiences for both the child and the parent.
14. The student will demonstrate the importance of establishing health policies in order to provide a safe and healthy environment for the child.

V. Student Evaluation

A. Weekly Assignments 15@ 25 pts.	375pts.
B. In-Class Assignments 35 @ 5pts.	175pts.
C. NAEYC Standards (semester) Notebook	50pts.
D. Quizzes 10 @ 10 pts.	100pts.
E. Final	50pts.

Total Points 700 Points

Final Grading Scale

90-100% = A

80-89% = B

70-79% = C

60-69% = D

VI. Special Policies:

A. Attendance

The student is expected to attend class in order to complete class assignments. Much of the work is completed during class time. Absenteeism will affect the student's grade.

B. Drop Policy: The following will constitute an instructor dropping a student from the web course:

- No oral or written contact has been made by the student within two weeks of scheduled dates of the course.
- No oral or written contact from the student for two consecutive weeks during the semester.
- Academic dishonesty.

Note: It is the student's responsibility to drop the course through the business office or they will receive an F on their transcript.

C. Special Needs: Please notify instructor of any modifications or adaptations to technical instructional materials or personal health needs that may restrict your learning. Every reasonable effort will be made to accommodate these needs.

D. Academic Honesty: Students who engage in dishonest acts such as plagiarism or other forms of cheating in meeting the requirements of this course will be notified by the instructor that they are receiving a "0" for the assignment and/or an "F" for the course. Students who wish to appeal the decision of the instructor on a matter of dishonesty may do so under the Procedural Policy for Disciplinary Action. (Under the policy, the student is subject to suspension from college for acts of dishonesty.)

Note: Plagiarizing also applies to completing course assignments by using information directly from the text..

I.e. The student is to summarize internet articles and cite the resource where the information was found. The student should always cite the text, web site addresses, etc. on EACH WEEKLY ASSIGNMENT. Failure to do so will result in a reduction of points.

The instructor reserves the right to schedule an on-campus meeting in order to determine the authenticity of the student's work. Students who wish to appeal the decision of the instructor on a matter of dishonesty may do so under the "Procedural Policy for Disciplinary Action".

Welcome to Health, Safety and Nutrition. The course is intended to provide the student with hands-on-learning experience in the early care and education classroom through observations and application of knowledge learned in the classroom. The student will have a list of developmentally appropriate practice programs to choose from the first week of classes. The student will apply the knowledge learned throughout the course in order to prepare you for the ECE2000-Practicum Classroom Experiences and other child development courses. The course will apply the Developmentally Appropriate Practice and Curriculum in the learning environment.

Course Content and Structure

Please refer to the “Course Outline” for assignments and more details on the flow of the course.

Semester Projects

NAEYC Standards Notebook: The semester project is used to evaluate the student’s understanding and application of planning a DAP classroom environment.

Final: The date for the final is posted in the Student Planner Book and on MyMAC. The student must attend the final or receive an “F” for the course.

Performance and Participation

The student must remember the participation grade of in-class assignments is a major part of the grade. The student is required to contact the instructor if they cannot be in class. If for some reason the student cannot attend, the student is to email the instructor at www.pfields@mineralarea.edu or (573) 518-2128. The communication must be received before the class meeting time.

Keys for Success

The instructor values the importance of gaining knowledge in the developing child, and application of the development in the child’s environment. Adults working with children can use this knowledge in planning a developmentally appropriate environment. The following

provides an outline for the students' evaluation by the instructor and learning of the course materials.

1. Read chapter materials before coming to class.
2. If you have any questions or concerns about the assignment, ask the instructor after class to clarify the assignment.
3. Refer to "Course Outline" for due dates of assignments. The instructor will not accept late work. The student will receive a "0" for the assignment regardless of why the assignment was late.
4. Email the instructor if you are having difficulties in completing the scheduled work as soon as possible (the same week the assignment is due).

NOTE: Please let the instructor know if you are having difficulty. The instructor can meet with the student during scheduled office hours or arrangements can be made to meet at other times that are agreeable to both parties.

