



MAC-HRD Newsletter

August 2010

Effective Monday, August 9
office hours return to
regular academic schedule
8am to 4pm.

Don't miss these great opportunities during Fall Workshop week:

East Missouri Action Agency will host a Poverty Simulation on August 9th in the North College Center. You'll walk away from this interactive experience with a much better understanding of the financial reality many students, parents, peers, friends and neighbors face.

Start improving your health now by implementing some simple tips from Farmington Chiropractor, Dr. Adam Overcast. He'll share some practical advice on dealing with stress in Tuesday's session at 9am

Don't miss a special announcement and celebration immediately following Opening Session on Thursday!!

Have you ever been frustrated with your computer?? Join Kent Kamp as he walks you through some simple ways to improve your tech skills. This session is offered on Monday at 10am and Friday at 1:00.

Flexible Spending Account Update

The health care reform legislation signed into law by the President impacts over-the-counter (OTC) purchases with Health Care Flexible Spending Accounts, Health Reimbursement Arrangements and Health Savings Accounts beginning in January of 2011.

OTC drugs, medicines, and biologicals remain eligible with a directive from a provider. BeneFLEX will be updating the Eligible products criteria to reflect movement of these items from the "Eligible" to "Dual Purpose" category. NOTE: Because these items now require a doctor's directive, these items can no longer be auto-substantiated with an Inventory Information Approval System (IIAS).

The customer or participant may still be able to receive reimbursement for the item using their Health FSA, HRA, or HSA; however they must obtain a letter of medical necessity from their provider in order to be able to submit it as eligible under their plan.

Over-the-counter medicines, drugs, and biological treatments are about 35 percent of the current SIGIS list. Effective January 1, 2011, the affected items would be deleted from their list of eligible items. It is important to note that not all items on the FSA eligible items list would be affected. Only those items that represent drugs, medicines, and biologicals require a provider's directive. The items affected include items in the following categories:

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HRD Mission Statement

Mineral Area College is committed to the changing educational needs of the community it serves and to creating a dynamic learning environment. Through a Human Resource Development program that is accessible, comprehensive, and flexible, the College shall assure sufficient resources, knowledge, and opportunity to best meet the personal, professional, and social needs of its diverse community.

*Although some programs and offerings are planned for specific groups, most HRD activities are open to all Mineral Area College employees.

News from Around Campus

Employee of the Month

Several employees submitted the following recommendation for our August Excellent Customer Service Award Winner:

"There is a new person working in the Public Safety Building who brings a smile to all of our faces. Mr. Willie Jones has been working in the Public Safety Building for almost a month and it has never been so clean. All of the offices are vacuumed daily, the hallways are swept, the bathrooms are super clean and even smell good. We had previously had a problem with little black bugs taking over our offices and the hallways and they now are gone! The Public Safety Building is looking immaculate! Thanks Willie!"



If you have any news to submit please call ext 2378 or ext 2379, e-mail kwaller@mineralarea.edu or kneff@mineralarea.edu, or stop by FA104

Welcome the MAC family's newest member



Evan Eugene Neff arrived at 5:56pm, August 4th. He weighed 7 pounds and 6 ounces and is 19 and 3/4 inches long. Mom, Dad and big sister are all doing fine!

A beautiful art piece by Jim Wilson has been accepted at the Missouri State Fair in Sedalia August 16, 2010! Congratulations Jim!

Special thanks to the Upward Bound Leadership Committee and several of the Upward Bound students who cleared and re-mulched the trail behind the North College Center this summer!! The students spent many hours of their own time to accomplish this task.

The MAC-HRD Newsletter is published by Mineral Area College. Editors: Kathryn Neff & Kathy Waller
With the exception of official announcements, the MAC-HRD staff disclaim responsibility for opinions expressed and statements made in articles published in the MAC-HRD Newsletter. Article contact: Kathryn Neff, kneff@MineralArea.edu or Kathy Waller, kwaller@MineralArea.edu

FSA Update

Acid Controllers & Sinus Medication
Antibiotic Products
Anti-Diarrhea
Anti-Gas
Anti-Itch & Insect Bite
Anti-Parasitic Treatments
Baby Rash Ointments/Creams
Cold Sore Remedies
Cough, Cold & Flu
Digestive Aids
Hemorrhoidal Preps
Laxatives
Motion Sickness
Pain Relief
Respiratory Treatments
Sleep Aids & Sedatives
Stomach Remedies

BeneFLEX is working on a plan and timeline for the implementation of these changes and will communicate with you in the coming months as the lists are finalized.

Even a small dot can stop a big sentence but a few more dots can give continuity. Amazing but true... every ending can be new beginning."

Author Unknown

I Am Thankful For...

...the mess to clean after a party because it means I have been surrounded by friends.
...the taxes I pay because it means that I'm employed.
...the clothes that fit a little too snug because it means I have enough to eat.
...my shadow who watches me work because it means that I am out in the sunshine.
...a lawn that needs mowing, windows that need cleaning and gutters that need fixing because it means I have a home.
...the spot I find at the far end of the parking lot because it means I am capable of walking.
...all the complaining I hear about our government because it means we have freedom of speech.
...my huge heating bill because it means I am warm.
...the lady behind me in church who sings off key because it means I can hear.
the alarm that goes off in the early morning hours because it means I'm alive.
...the piles of laundry and ironing because it means my loved ones are nearby.
...weariness and aching muscles at the end of the day because it means I have been productive.

Upcoming Events

AUGUST

9-13 Back to School Workshop Week
16 2010 Fall Semester Begins

SEPTEMBER

6 Labor Day, Campus Closed
24 Standing Committee Meetings, 10am

Mineral Area College

"Policy of Non-Discrimination"

Mineral Area College does not discriminate on the basis of race, color, national origin, gender, disability, age, religion, creed, genetic and family medical history as defined by GINA, or marital or parental status. For more information, call the Title VI, Title IX, Sec. 504 and ADA coordinator at (573) 431-4593 or U.S. Dept. of Education, Office of Civil Rights.